



Wild Galicia
Find Your Wild



MINIMALIST PACKING LIST

Clothes

- Hiking shoes
- Hiking sandals and/or flip flops
- Rain jacket/Poncho
- Fleece*
- hiking shirts or tank tops (2)
- Long sleeve marino wool tops (2)
- Hiking pants/leggings/shorts (2)
- T-shirt for sleeping
- Pants/shorts for sleeping
- socks (2-3 pairs)
- Bathing Suit
- Underwear (3)
- (For women) sports bra (2)
- Cap/sunhat
- Sarong or Scarf

*Depending on the time of year

Toiletries

- Dry Toiletry Bag**
- Hairbrush/hairties
- Nail clippers
- Deodorant
- [Pilgrim Balm*](#)
- Sunscreen
- Wet wipes
- Wet Toiletry Bag**
- Soap case
- Solid shampoo
- Conditioner or coconut oil
- Toothpaste/tooth brush
- Razor
- Lufa



Galicians use Gorse or Toxo in Galego (pronounced tosho) to describe themselves. Tough, beautiful and a little bit prickly.

Why a Minimalist packing list?



My gear list is simple: everything I need, nothing I don't. Designed for walking the Caminos and Galicia's unique climate, it keeps you prepared without weighing you down.

The photo above shows almost everything in this list, with just a couple of small extras. Whether it's a two-day trek, a two-week Camino, or the full Camino Francés, it all fits comfortably in my 26-litre pack, even with water.

At Wild Galicia, we want to empower you to carry your own gear. Traveling light isn't just convenient—it's the Camino experience. It teaches you to live with less, appreciate what you carry, and move freely. A lighter load is easier on your feet and body, letting you focus on what really matters: the journey itself.

First Aid Kit

- Painkillers
- Anti-diarea
- Anti-Inflammatories
- Antiseptic/iodine
- Gauze
- Small scissors
- Needle & thread**
- Electrolytes**
- Leukotape/KT Tape**

All available in Spanish Farmacias.

Documents

- Passport/ID
- Credit Cards/Bank Card
- Bumbag

*shameless plug for my hand made [Pilgrim Balm](#). It can be used for a multitude of things. Check out the link if you want to know more.

Gear

- Backpack, 25-40L
- Stuff sacks for organization
- Dry bag stuff sack
- Rain cover backpack
- Water bottles/camelback
- Power adapter
- Earplugs
- Smartphone
- Pocket knife
- 6 clothes pins
- Sunglasses

Optional

- Trekking poles
- Flashlight
- Gloves
- Touque
- Dress or pants for going out
- Journal & Pen
- Snacks
- 1 or 2 Luxury items

